

Feel Fest 2026

Feel Fest is a two-day festival where the community can experience mental health in creative, innovative, and engaging ways. Free and open to everyone. Here's the full breakdown of the weekend:

Moonlight Dance (Oct 9)

The festival kickoff. Live music, food, and a chance to learn more about the weekend ahead. Attendees can sign up early for the next day's events at the Moonlight Dance itself.

A Run to Remember (Oct 10)

A 3k run or walk to honor those the community has lost, spent in nature in the morning. There is a small entry cost for this one, but sponsorship is available for anyone who can't afford it, so cost is never a barrier to taking part.

Feel Fest City (Oct 10)

The festival moves downtown for a series of creative mental health workshops across various locations, covering things like art, dance, music, anxiety and stress tips, and even dog training therapy. Attendees grab a map and sign up, and can claim a ticket after each workshop redeemable for food or drinks later at The Gathering Place. Information booths throughout Feel Fest City also feature The Web, the network of mental health and community services available locally and beyond.

The Gathering Place (Oct 10)

The hub for the festival's final activities: live mural painting, a featured outdoor film with an optional pajama party for all ages, food trucks and food booths, and a community candle lighting ceremony to close out the weekend.

Feel Fest is also looking for volunteers, donors, and sponsors if that's something your organization or audience would be interested in supporting.

Full event details, sign-ups, and ways to get involved: feelfest.org

Questions: samantha.t.canales@gmail.com